



ACCESSIBLE CHOP + SHRED BOWL

INSTRUCTION MANUAL



Quickly and easily grind and shred any meat or meal to make a shredded meat, or a well chopped up meal in a short second with just the turn of a handle and without the need for power, or lots of fine chopping.

Create things like shredded pork, chicken or beef for tacos, salads, burritos and sandwiches. It also works well as a tool for mixing babies first meals. Shredding the meat (or a whole well cooked meal) can make it easier for anyone who has difficulties swallowing or chewing food well or carefully enough to enjoy a meal safely, and can also cut down prep time for the carer.

The bowls are durable, light weight, easy to carry and grip, and have some grip on the bottom feet of the bowl to aid in helping to shred any meat or meals.

Great for:

- Shredding cooked chicken, beef, or pork quickly and evenly
- Making pulled-style meats without needing forks
- Preparing fillings for wraps, burritos, sandwiches, and everyday meals
- Breaking down meat in stews and slow cooker meals so it's evenly mixed through
- Getting a softer, more manageable texture when food needs to be easier to eat
- Supporting meals where dysphagia or swallowing difficulties are a factor
- Preparing softer meals for babies or early eaters
- Batch prepping meals ahead of time for easy reheating
- Reducing the need for pulling meat apart by hand or fine chopping
- Saving energy when cooking or preparing meals
- Everyday cooking when you want something quick and consistent



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Features:

- Manual design with no power needed
- Easy-turn handle for simple use
- Non-slip base to help keep it steady
- Lightweight and easy to handle
- Even shredding without fine chopping
- Easy to take apart and clean

Image Description: A round, black manual meat shredder with a lid and handle, featuring internal shredding spikes. Images show cooked chicken being shredded inside the bowl and examples of the resulting texture.

Details:

Material: ABS Plastic

Size: 18cm Diameter x 4.5cm (H)

Weight: 181 grams

Package includes: 1x Bowl Meal Shredder

Age Guidance: Suitable for teens and adults, and can be used by children with supervision. Care should be taken due to the internal shredding spikes. Not a toy.

How to Use:

1. Place cooked meat or food inside the bowl
2. Put the lid on securely
3. Turn the handle to shred or chop the food
4. Check the texture and repeat if needed
5. Remove and serve or store

Care Instructions:

- Wash with warm soapy water after use
- Rinse and dry thoroughly
- Store in a dry place when not in use
- Take care when cleaning around internal spikes

Safety Informations:

- Internal spikes may be sharp, handle with care
- Ensure lid is secure before use
- Not suitable for hard or uncooked foods